

## **Removal of Bitter Root Judgments & Inner Vows.**

1. **FORGIVE:** person where the hurt came in.  
Example: Mom favored my younger sibling; this always hurt me.

2 Judgment = Mom is partial & has favorites.

**Ask God to forgive** you for judging the person; ex: Judged Mom as partial for having favorites.

3 **Break the power** of the judgment.

I break the power of that judgment off my life.

4 **Ask God to cleanse w/the blood of Jesus all who were defiled** by the bitter root judgments.

5 Renounce the **inner vow** that I would never do what they did. A) I'll never show favorites like Mom. B) I'll never embarrass my child in public like Mom did me.

6 Break any **ungodly soul tie** between self & Mom.



## Prayer to Remove Word Curses

I remove the curse that says I'm a mistake.

I remove the curse that says it would have been better if I had never been born.

I remove the curse that says that I will never amount to anything.

I remove the curse that says I will never be loved the way others are loved.

I remove the curse that says that I don't belong here.

I remove the curse that says to be accepted I have to please man.

I remove the curse that says nothing good will ever come of me.

I remove the curse that says no one cares about me.

I remove the curse that says that others are smarter than me.

I remove the curse that says I will never be seen as anyone of importance.

I remove the curse that says that my worth comes from serving others.

I remove the curse that says I've been too bad for God to forgive.

I remove any other curse that declares anything about me that doesn't align with the Word of God and His name. God so loved the world (me) that He gave His only begotten Son, who died for me because He loves me.

The blood of the Lord Jesus Christ says that I am priceless to Him and Father God and because of this testimony I have and will overcome the lies of the enemy, whatever they may be!

Thank You Lord Jesus for proving to me that You love me with a never ending love, and that what You say about me stands forever.

In the name of the Lord Jesus Christ, Amen!



## a prayer for choosing life...

Lord, I acknowledge that I have not chosen this life. I never would have chosen my circumstances, my family, my personality, or my body. I have not understood nor appreciated how You have formed me, and I surely never would have chosen to come into the pain of this life. I confess I am angry, having consciously believed You could have done better for me. I have judged my family and authorities as lacking in ability, wisdom, and sensitivity, and I have judged You for creating me as deficient.

I have come to see how others have wounded me, and I choose to forgive list persons for their actions. My sinful responses have created trouble for myself and others. I can see the damage that my rebellion has caused, and I ask You to forgive me for list specific ways of fleeing back from life.

I know I have wounded You by not receiving Your gift of family and life. Even though I don't feel like a gift, nor do I feel gratitude for life, I choose by faith to accept myself and the life You have given me as a blessing to You and to others. Jesus, I choose life. Help me to continue choosing You, choosing to be here.

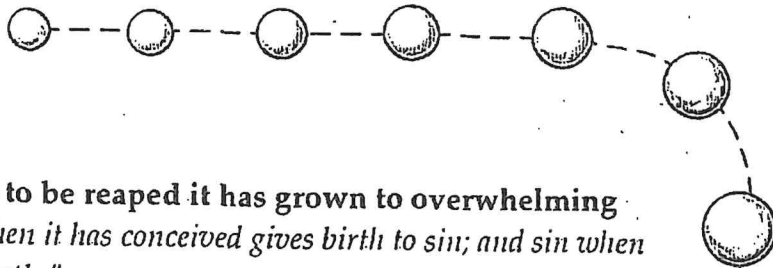
Lord, I ask You to open my eyes to see the gift of life. Release me into that abundant life You promise, that joy that comes from knowing I am "wonderfully made," a blessing to You, and to my family and friends. Help me know the abundant joy that comes from moving toward the destiny You have planned for me. Lead me into the joy of my birthright, the blessing of my inheritance in You.

**IMPORTANT:** These sample prayers are not formulas; rather, they offer ideas and direction. Be led by the Holy Spirit, and use the substance of this prayer as a guide. Also, please acknowledge these prayers as sample narratives, in which gender-exclusive references are used as they would be used in a real situation. For this reason, some prayers are for a female and others for a male. All are interchangeable.

## Sowing and Reaping

Mankind's sinning is like a man who throws a ball against a wall. At some point it will return to him: *"Do not be deceived, God is not mocked; for whatever a man sows, this he will also reap."* Galatians 6:7 **The longer our sin goes unrepented, the larger it grows: "They sow the wind and reap the whirlwind."** Hosea 8:7a NIV

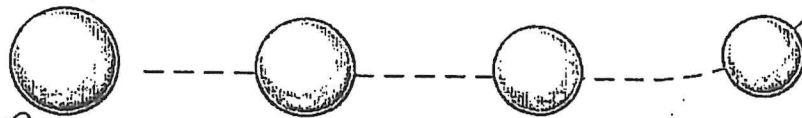
**Young Joe**



By the time our sin returns to be reaped it has grown to overwhelming proportions: *"Then desire when it has conceived gives birth to sin; and sin when it is full-grown brings forth death."* James 1:15 RSV

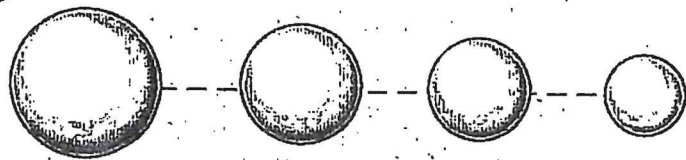
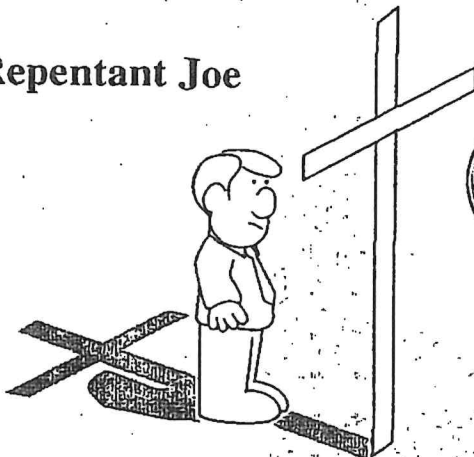


**Same Joe 25 years later**



God, unwilling that any should perish, sent Jesus to identify with us in all our sinfulness. Jesus took our sin upon Himself and died with it for us. Our sin was cancelled and the law of sowing and reaping fulfilled in Him: *"Do not think that I came to abolish the Law or the Prophets; I did not come to abolish, but to fulfill."* Matthew 5:17 NAS

**Repentant Joe**



We are called to take hold of the life that Jesus won for us by His death and resurrection Philippians 3:10-15 and to walk in a daily discipline described for us in Scripture Romans 6:6-14

## Inner Vows

I will never...



Inner vows imprison us to think  
and act as they have set the mold.

I will always...

- ... let anyone love me
- ... be weak
- ... trust anyone
- ... allow myself to need
- ... let them take anything away from me
- ... allow anyone to touch me
- ... share what is mine
- ... allow anyone to give me money
- ... write, read, understand
- ... allow myself to be hit
- ... go out at night
- ... let you see who I am
- ... let anyone know I hurt
- ... tell a woman anything
- ... let a man control me
- ... be responsible for actions of others
- ... receive a compliment
- ... participate in life
- ... allow a woman in my heart
- ... be anything worthwhile
- ... be sick
- ... be violent or abusive
- ... grow up, mature

- ... remain aloof, separate
- ... be logical
- ... be in control of my life