

# Breaking Generational Sins and Curses!!!

Every living person is part of a family whether we are close to our families or not or whether we even know our families or not. It doesn't change the fact that **if you are alive you came from somewhere; you had parents.**

You had grandparents' aunts and uncles, cousins and siblings so like it or not and being a part of a family unit comes with many blessings it comes with things like unconditional love and support it comes with structure and empathy and compassion. However, for someone else being part of a family can bring unwanted things into your life. Certain families come with baggage, other families come with a lack of structure or a lack of love. Sometimes being a part of a family comes with **curses**. Being genetically tied to a family means that there are certain genetic dispositions that will be written in your DNA. Health histories like heart disease, diabetes, high blood pressure, alcoholism, drug addiction, and mental health disorders have all been proven to be genetically transferable from one generation to the next.

**What are generational sins and curses?** What does the Bible say about them.

**Iniquity= perversity, depravity, iniquity, guilt or punishment of iniquity**

- A. Iniquity = guilt of iniquity, guilt (as great), guilt (of condition)
- B. consequence of or punishment for iniquity
- C. perversity, i.e. (moral) evil:—fault, iniquity, mischief, punishment (of iniquity), sin.

**Exodus 20:5 NLT** <sup>5</sup>You must not bow down to them or worship them, for I, the Lord your God, am a jealous God who will not **tolerate** your affection for any other gods. **I lay the sins of the parents upon their children; the entire family is affected—even children in the third and fourth generations of those who reject me.** <sup>6</sup> But I lavish unfailing love for a thousand generations on those<sup>[a]</sup> who love me and obey my commands.

**Exodus 20:5. The Voice** <sup>5</sup>You are not to **bow down** and serve any image, for I, the Eternal your God, am a jealous God. As for those who are not loyal to Me, **their**

**children will endure the consequences of their sins for three or four generations.**

<sup>6</sup> But for those who love Me and keep My directives, their children will experience My loyal love for a thousand generations.

**Exodus 20:5-6 The Message**<sup>4-6</sup> **No carved gods of any size, shape, or form of anything whatever, whether of things that fly or walk or swim. Don't bow down to them and don't serve them because I am God, your God, and I'm a most jealous God,** punishing the children for any sins their parents pass on to them to the third, and yes, even to the fourth generation of those who hate me. **But I'm unswervingly loyal** to the thousands who love me and keep my commandments.

**Exodus 34:7. The Voice**<sup>7</sup> who maintains loyal love to thousands *of people*, who forgives wrongdoing, rebellion, and sin; yet does not allow sin to go unpunished, extending the consequences of a father's sin to his children, his grandchildren, and even to the third and fourth generations.

**Deuteronomy 5:9-10 The Voice**<sup>9</sup> You are not to bow down in worship of any images *of other gods*, for I am the Eternal your God. I am jealous *for worship*, bringing punishment on you and your children to come, even down to your great-grandchildren, to whoever hates Me. **10 Instead those who obey My commands and truly love Me will receive My loyal love endlessly, even for a thousand generations.**

**Nehemiah 9:2** gives us the pattern to receive our freedom from these curses.

**Nehemiah 9:2 Amplified Bible, Classic Edition**<sup>2</sup> And the Israelites separated themselves from all foreigners and stood and **confessed their sins** and the iniquities of their fathers.

**The Good News is that Galatians 3:13 The Voice**<sup>13</sup> the Anointed One, *the Liberating King*, has redeemed us from the curse of the law by becoming a curse for us. It was stated *in the Scriptures*, "Everyone who hangs on a tree is cursed *by God*."

**A generational curse** is the cumulative **effect** on a person of things that their ancestors did, believed, or practiced in the past. Some common examples of generational curses include:

**Sin & trouble** passing from generation to generation is a continual theme throughout the Old Testament. Tonight, we will look at the 3 ways in which we may come under defilement of generational sin. We may: **1.** inherit our propensities to sin through our genes, **2.** through example and **3.** through the power of the law of judging and receiving. By the **AUTHORITY given to us in Christ Jesus**, we are able to break the bonds of generational sin. Through prayer we can help to free families from its **PATTERNS** of Destruction.

**Definition of Generational Sin:** the effects and consequences of sin on subsequent generations. **Violence, Generational trauma, Addiction, Codependency, Hoarding, Poverty mindset, Single parenthood, and Dying young.**

[Psalm 51:5 KJV] 5 Behold, I was shapen [H2342] in iniquity; [H5771] and in sin [H2399] did my mother[H517] conceive[H3179] me. He confesses his original corruption (v. 5): ***Behold, I was shapen in iniquity.***

"but let me consider it rather as an aggravation of the sin: Lord, I have not only been guilty of adultery and murder, but I have an adulterous murderous nature. Lord, I therefore abhor myself."

**Note,** It is to be sadly lamented by every one of us that we brought into the world with us a **corrupt nature**, wretchedly degenerated from its primitive purity and rectitude; we have from our birth the snares of sin in our bodies, the seeds of sin in our souls, and a stain of sin upon both. This is what we call **original sin**, because it is as ancient as our original, and because it is the original of all our actual transgressions. **It is a bent/propensity to backslide from God.**

[Isaiah 44:22 KJV] 22 I have blotted out, as a thick cloud, thy transgressions, and, as a cloud, thy sins: return unto me; **for I have redeemed thee.**

**3 WAYS we reap blessings and harm thru what is sown by our forefathers**

# Lesson Guide: Generational Sin



...three ways  
we reap  
blessing and  
harm through  
what is sown  
by our  
forefathers

## ONE: through genetic inheritance

through our DNA, we are physically and chemically a part of our forefathers—we inherit

- physical traits, illnesses passed through the genes
  - diabetes, hemophilia
- death itself, passed on from Adam as the consequence of sin Romans 5:12
- the conflicts of the nations through history
  - Ishmael and Isaac; seeds of the Arab and Jewish nations
- the blessings of God, as when Levi is credited with paying tithes to Melchizedek

Hebrews 7:5-10

## TWO: through example or modeling

- it is well-documented that environment helps mold behavior
  - anger teaches anger, resentment teaches resentment
  - what we see in the family is written on our hearts

## THREE: through the laws of God

- the law of judging and receiving
  - *"Therefore you are without excuse, every man of you who passes judgment, for in that you judge another, you condemn yourself; for you who judge practice the same things."* Romans 2:1 NAS
  - *"So whatever you wish that men would do to you, do so to them, for this is the Law and the prophets."* Matthew 7:12 RSV
  - The inverse corollary of the Golden Rule is: "You will do to others what has been done to you."

Notes

# Lesson Guide: Generational Sin



... through the laws of God, continued

- the law of sowing and reaping  
— *“Do not be deceived, God is not mocked; for whatever a man sows, this will he also reap.”* Galatians 6:7

...these laws existed before sin

When we choose not to repent, thereby not letting Jesus take our sin on the cross, we deny Him access, and condemn future generations to reap what we have sown.

...examples of generational sin

- common patterns of familial trouble include
  - women molested by fathers
  - generations of alcoholism
  - divorce
  - tragic illness and premature deaths
  - multiple miscarriages/closed wombs
  - financial and business failure
  - occult involvement

...the sin of occultism

- this generational sin can be especially damaging — symptoms may include
  - curses on family Deuteronomy 28:15ff
  - unaccountable financial reverses
  - affliction through diseases which refuse diagnosis and/or treatment; recurring ailments
  - family feuds/unresolved conflicts
  - tendency to be drawn to the occult, even without knowing it; forms of prayer, visualization, so-called Christian cults



# Lesson Guide: Generational Sin



...how to  
bring healing  
from  
generational  
sin

## cherish your heritage

**recognition** — to see and name a thing is to begin to have power over it

- help trace the history of the family, watching for distinct, recurrent patterns
  - build a family tree
  - use a Life History form
  - ask Holy Spirit for understanding

**confession** — lead counselee to confess the truth of the situation and acknowledge participation in the sin

## repentance

- the Bible says a righteous son will not inherit the father's iniquity  
Jeremiah 31:29-30; Ezekiel 18:17
- it also says **no one is righteous** Psalm 14, Romans 3:10-18 thus we must depend on the cross to stop the trouble
  - repent for ancestors (this is biblical)
  - repent for self

**forgiveness** — lead counselee to forgive ancestors, and affirm that Christ forgives them for their participation in the sin

**prayer** — place the cross between generations so the sins of the ancestors are stopped there; claim and believe this

- pray about each specific descending pattern—divorce, cancer, alcoholism homosexuality, etc.— reckon it as dead on the cross Proverbs 20:7; 13:22; Psalm 103:17-18; Isaiah 54:13

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# E n r i c h m e n t

## Results of Generational Sin

Alcoholism	Occult involvements
Addictions (drugs, food, sex, etc.)	Miscarriages
Diabetes	Barrenness
Heart problems	Fears, paranoia
Scoliosis	Poverty, destitution
Cancer	Violence
Blood disorders	Untimely/violent deaths, suicides
Circulation problems	Adultery, fornication
Allergies	Homosexuality
Multiple Sclerosis	Bestiality
Dyslexia, aphasia	Betrayal
Epilepsy	Rebellion, disobedience
Alzheimer's Disease	Dying out of family lines
Deafness	Criticism, shirkism
Kidney problems	Idolatry
Obesity, anorexia, bulimia	Sects, false religious cults
Schizophrenia	Crime
Depression	Incest
Divorce	Blindness, physical and spiritual
Physical, sexual, emotional abuse	Lying



**SINS of the FATHERS and RESULTING CURSES (Prayer of release)**

- 1. I confess the sins of my ancestors, my parents, and my own sin of \_\_\_\_\_  
(Name the title of the category—The bold print)
- 2. I choose to forgive and release them; for the sin, the curses, and the consequences in my life.
- 3. I ask you to forgive me Lord, for this sin; for yielding to it and to the resulting curses. I receive your forgiveness.
- 4. On the basis of your forgiveness Lord, I choose to forgive myself for involvement in this sin.
- 5. I renounce the sin and curses of \_\_\_\_\_. (Name the title and list in the category you named above.)
- 6. I break this power from my life and the lives of my descendants through the redemptive work of Christ on the cross.
- 7. I receive God's freedom from this sin and from the resulting curses. I receive \_\_\_\_\_  
(Choose to receive an opposite.)

Have the Prayee make a list of opposites and make them part of your daily devotions for at least 40 days. They should receive them daily.

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## Abandonment & Rejection

- \_\_\_ Abdication
- \_\_\_ Blocked Intimacy
- \_\_\_ Desertion
- \_\_\_ Divorce
- \_\_\_ Isolation
- \_\_\_ Loneliness
- \_\_\_ Neglect
- \_\_\_ Separation
- \_\_\_ Self-Pity
- \_\_\_ Rejection of God
- \_\_\_ Rejection of others
- \_\_\_ Expected Rejection
- \_\_\_ Perceived Rejection
- \_\_\_ Self Rejection
- \_\_\_ Victimization