

## Sins of the Fathers & Resulting Curses

1. I *confess* the sin of my ancestors, my parents, and my own sin, of \_\_\_\_\_.
2. I choose to *forgive* and *release* them; for the sin, the curses, and the consequences in my life. (Be specific).
3. I ask You to *forgive* me, Lord, for this sin; for yielding to it, and to the resulting curses. I *receive* Your forgiveness.
4. On the basis of Your forgiveness, Lord, I choose to *forgive* myself for involvement in this sin.
5. I *renounce* the sin and curses of \_\_\_\_\_.  
I *break* this power from my life, and from the lives of my descendants, through the redemptive work of Christ on the Cross.
6. I *receive* God's freedom from this sin and from the resulting curses. I *receive* \_\_\_\_\_.